

KNF - 7



FIELD MANUAL

Wasteland Workshop 001

Radiation Decontamination



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KNF-7 | BUILD YOUR DECON KIT

Stay Sealed, Stay Clever

Materials List:

- Bentonite clay (1 small bag)
- Charcoal (handful, scavenge from clean burn if needed)
- Vinegar (1 bottle, any kind)
- Coarse salt (1 cup)
- Baking soda (1 cup)
- Denim scraps (2 layers per mask)
- Shungite rock (1-2 pieces)
- Water jug (sealed, portable)

Prep Instructions:

- **Clay Paste:** Mix clay with water or vinegar into thick paste. Store in airtight tin.
- **Charcoal Shirt:** Stitch charcoal into undershirt fabric. Keep dry, use under gear.
- **Mask Hack:** Soak denim in vinegar, dry, layer with charcoal if possible. Tie tight.
- **Water Filter:** Drop shungite in jug, let sit 24 hours, strain slow.
- **Wash Mix:** Blend salt and baking soda in a pouch. Add vinegar onsite if you've got it.
- **Storage:** Seal all in a waterproof bag. Keep near your bunker exit.

KNF-7 | Ready before you step outside the wire.

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5 DIY Radiation Protection Hacks

Stay Sealed, Stay Clever

Lead Paint Armor:

Last resort shield. Slather thick lead-based paint over coat and gloves. Slows surface penetration. Toxic, flaky, miserable—but so's exposure. Use only if no RadSuit.

Charcoal-Lined Undershirt:

Stitch fresh charcoal into layered fabric. Worn under gear, it sucks dust before it hits skin. Warm, crude, effective.

Shungite-Filtered Water:

Chuck black rock in your jug. Pulls grit and ghost from runoff. Let sit, strain slow. Not pretty, but better than nothing.

Bentonite Clay Paste:

Mix clay with water or vinegar. Smear on wrists, neck, ears. Dries to bind dust before it binds you.

Denim & Vinegar Mask Hack:

Two denim layers, soaked in vinegar, dried, tied tight. Add charcoal if you've got it. Beats sucking hot ash.

KNF-7 | If it glows, it goes.

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KNF-7 | POST-EXPOSURE DECON PROTOCOL

Stay Sealed, Stay Clever Body

Dry Scrub First:

Grab brush, burlap, or stiff cloth. Scrape every inch. Fallout loves moisture—never wet the dust.

Salt & Baking Soda Wash:

Mix coarse salt and baking soda, 1:1. Add vinegar or soap if you can. Scrub pits, groin, scalp, seams hard.

Bentonite Clay Detox (Internal):

One teaspoon in clean water. Let settle. Drink top layer only—never the sediment. Pulls metals, maybe regret.

Burn or Bury Gear:

If it ticks, shimmers, or smells wrong, ditch it. Wrap, bury, mark the grave—or burn it with your dignity.

Charcoal Sip (Bonus):

One tablespoon charcoal, pinch of salt, warm water. Sip slow. Wait. Don't overdo—blockage kills.

Footer: From KNF Seven | Scrub the apocalypse back into the dirt.

KNF-7 | RADIATION DECON RULES

Stay Sealed, Stay Clever

DO:

- Strain shungite water slow—grit sinks, clean rises.
- Dry scrub gear first—brush off fallout, never wet it.
- Bury or burn ticking gear—mark the grave, move on.
- Sip charcoal mix cautious—blockage is a real threat.
- Rub clay paste on skin—binds dust before it sticks.

DON'T:

- Keep gear that shimmers or smells wrong—toss it.
- Wet the dust—spreads fallout like a plague.
- Drink sediment from clay detox—metals will haunt you.
- Overdo charcoal sip—your gut will hate you.
- Skip the wash—pits and seams hold death.

KNF-7 | Workshop Wednesday Wisdom

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