

# **KNF-7**



## **FIELD MANUAL**

# **Wasteland Workshop 001**

## **Radiation Decontamination**



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# **KNF-7 | BUILD YOUR DECON KIT**

## **Stay Sealed, Stay Clever**

### **Materials List:**

- Bentonite clay (1 small bag)
- Charcoal (handful, scavenge from clean burn if needed)
- Vinegar (1 bottle, any kind)
- Coarse salt (1 cup)
- Baking soda (1 cup)
- Denim scraps (2 layers per mask)
- Shungite rock (1-2 pieces)
- Water jug (sealed, portable)

### **Prep Instructions:**

- **Clay Paste:** Mix clay with water or vinegar into thick paste. Store in airtight tin.
- **Charcoal Shirt:** Stitch charcoal into undershirt fabric. Keep dry, use under gear.
- **Mask Hack:** Soak denim in vinegar, dry, layer with charcoal if possible. Tie tight.
- **Water Filter:** Drop shungite in jug, let sit 24 hours, strain slow.
- **Wash Mix:** Blend salt and baking soda in a pouch. Add vinegar onsite if you've got it.
- **Storage:** Seal all in a waterproof bag. Keep near your bunker exit.

**KNF-7 | Ready before you step outside the wire.**

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# **5 DIY Radiation Protection Hacks**

## **Stay Sealed, Stay Clever**

### **Lead Paint Armor:**

**Last resort shield. Slather thick lead-based paint over coat and gloves. Slows surface penetration. Toxic, flaky, miserable —but so's exposure. Use only if no RadSuit.**

### **Charcoal-Lined Undershirt:**

**Stitch fresh charcoal into layered fabric. Worn under gear, it sucks dust before it hits skin. Warm, crude, effective.**

### **Shungite-Filtered Water:**

**Chuck black rock in your jug. Pulls grit and ghost from runoff. Let sit, strain slow. Not pretty, but better than nothing.**

### **Bentonite Clay Paste:**

**Mix clay with water or vinegar. Smear on wrists, neck, ears. Dries to bind dust before it binds you.**

### **Denim & Vinegar Mask Hack:**

**Two denim layers, soaked in vinegar, dried, tied tight. Add charcoal if you've got it. Beats sucking hot ash.**

**KNF-7 | If it glows, it goes.**

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# **KNF-7 | POST-EXPOSURE DECON PROTOCOL**

## **Stay Sealed, Stay Clever Body**

### **Dry Scrub First:**

**Grab brush, burlap, or stiff cloth. Scrape every inch. Fallout loves moisture—never wet the dust.**

### **Salt & Baking Soda Wash:**

**Mix coarse salt and baking soda, 1:1. Add vinegar or soap if you can. Scrub pits, groin, scalp, seams hard.**

### **Bentonite Clay Detox (Internal):**

**One teaspoon in clean water. Let settle. Drink top layer only—never the sediment. Pulls metals, maybe regret.**

### **Burn or Bury Gear:**

**If it ticks, shimmers, or smells wrong, ditch it. Wrap, bury, mark the grave—or burn it with your dignity.**

### **Charcoal Sip (Bonus):**

**One tablespoon charcoal, pinch of salt, warm water. Sip slow. Wait. Don't overdo—blockage kills.**

**Footer: From KNF Seven | Scrub the apocalypse back into the dirt.**



# **KNF-7 | RADIATION DECON RULES**

## **Stay Sealed, Stay Clever**

### **DO:**

- **Strain shungite water slow—grit sinks, clean rises.**
- **Dry scrub gear first—brush off fallout, never wet it.**
- **Bury or burn ticking gear—mark the grave, move on.**
- **Sip charcoal mix cautious—blockage is a real threat.**
- **Rub clay paste on skin—binds dust before it sticks.**

### **DON'T:**

- **Keep gear that shimmers or smells wrong—toss it.**
- **Wet the dust—spreads fallout like a plague.**
- **Drink sediment from clay detox—metals will haunt you.**
- **Overdo charcoal sip—your gut will hate you.**
- **Skip the wash—pits and seams hold death.**

**KNF-7 | Workshop Wednesday Wisdom**

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