

KNF-7



FIELD MANUAL

C.H.A.R. 001

Tooth Toxins



KNF7Hygiene001

Purge Paste

Measured by Ratios

Remineralizing, mineral-rich, and handcrafted
for daily tooth and gum care. Good for up to 3 months.

Base Formula:

3 parts bentonite clay
3 parts coconut oil
1 part baking soda
3 capsules hydroxyapatite
(equals -1 part if measuring bulk)
2 packets xylitol, finely ground into powder
10 drops essential oil
(peppermint, cinnamon, clove, etc.)
10 drops sole or trace minerals,
or ½ tsp Sea salt

Instructions:

- *Grind xylitol into a fine powder using a mortar/pestle or spice grinder,
- *In a non-metal bowl, combine bentonite clay, baking soda, and powdered xylitol,
- *Stir in coconut oil until creamy and incorporated.
- *Add hydroxyapatite powder from capsules.
- *Mix in essential oil and either sole/trace minerals or Sea salt.
- *Store in a small glass jar with a non-metal lid

To Use:

- *Scoop out a small amount (pea-sized) with a wooden spoon or spatula
- *Brush gently for 2-3 minutes
- *Rinse, or follow with your Vitamin C gum rinse for extra healing

Basic Bunker Blends

Simple formulas for cleaning teeth when
supply access is restricted.

Formula 1

2 parts baking soda
1 part coconut oil

Formula 2

2 parts bentonite clay
1 part coconut oil

Formula 3

1 part sea salt
2 parts coconut oil

3 Quick blends, more upon request.

Hydrogen Peroxide Rinse

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See recipe PDF for additional detox bath protocols.

Manufacture:

- Dilute food-grade peroxide to 3% solution
- 1 part 35% H₂O₂ to 11 parts distilled water

To Use:

- Never use directly after brushing with clay-based paste
 - Wait 10+ minutes if using clay
- Swish for up to 30 sec, then spit

More uses upon request

